

Messages from the Medicine Wheel

A monthly newsletter from Myron and Angelitta Old Bear

The Medicine Wheel – Line of Unbending Tradition

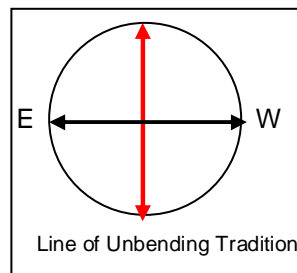
Last month's newsletter focused on the medicine wheel's line of "constant change" that runs from east to west through the center of the circle of stones. And now, this month we will consider the line of "unbending tradition" that travels from south to north through the center of the medicine wheel (see diagram to right).

Last month we pointed out that "constant change" is one of the major teachings of the medicine wheel. This month the emphasis is on the medicine wheels important teaching concerning some of the things that *NEVER CHANGE* within the great Sacred Circle Of Life.

One of the things the line that runs from east to west on the medicine wheel symbolizes is the physical realm. And, one of the

things the line that runs from south to north on the medicine wheel symbolizes is the spiritual realm. The medicine wheel teaches us that change is constantly occurring within the physical realm; however, change does not occur within the spiritual realm.

The laws that govern the physical realm produce change. On the other hand, the laws that govern the spiritual realm prevent change. Therefore, true stability is found only within the spiritual world.



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The Sources of Stability in our Lives

When I was a small child my mother used to tell me lots of "bedtime stories". My favorite story was "The Three Little Pigs". Remember that story? It's worth reviewing here because it teaches us the most important principles to live our lives by.

Once there was a big, bad wolf that kept trying to catch three little, fat pigs so he could eat them. So the three pigs each decided to build a house for protection against the wolf. The first little pig found some straw and used it to build his house, but the big, bad wolf came and blew the straw house down and ate the little pig. The second little pig found some sticks and used them to build his house. However, when the wolf came he blew the stick house down also and ate the little pig. The third little pig worked and made strong bricks to use to build his house. When the wolf came he could not blow the house down because the little pig's house was made of strong bricks.

This story teaches the same principles of life as the story Jesus told in the Bible about the "Wise Man And The Foolish Man. The foolish man built his house on sand and when the strong storms came, the house fell down. However, the wise man built his house on a rock, and when the strong storms came, the house stood firm and the man was protected from them.

Both of these stories teach us about the source of stability in our lives. What are you relying on to produce stability in your life?

Today we are facing a very serious crisis in our economy. Millions of people have lost their jobs and millions more have seen the money they have been saving for retirement dwindle away. This has caused people to become very worried about their future.

Sometimes I wonder if our Creator didn't allow this economic crisis to occur in order to try to get people's attention to the fact that we shouldn't put our faith in material things to produce stability in our lives. When Jesus walked this earth he said, "Don't lay up treasures on earth where moth and rust corrupt and where thieves will break in and steal, but lay up treasures in heaven where your treasures will be safe." (Paraphrase mine).

In the medicine wheel the center stone is the largest of all the stones and it represents our Creator, the source of life, the creator of all things (see the picture of the medicine wheel at Medicine Wheel Mesa on our web page). The Creator is the source of all power within the wheel. The lines running from east to west and south to north intersect at the center of the medicine wheel. This is a very important symbol because it teaches us that our Creator is in control of the constant change occurring within the physical realm and he is also the source of control of the unbending tradition (or constant stability) within the spiritual realm.

In a world of constant change we need to anchor ourselves firmly to the spiritual realm where there is constant stability—where our Creator's Perfect Laws For Right Living never change and will always produce peace, harmony and balance within us and the rest of the Sacred Circle Of Life.

The story of the Three Little Pigs teaches us that very important Life Principle. The third little pig built his house out of bricks and was protected from the big, bad wolf. And in the story Jesus told of the wise and foolish men, the wise man build his house on a rock and was protected from the storms of life. Both of these stories teach us that our stability comes from anchoring ourselves to the unchanging spiritual realm, otherwise we will be swept away or eaten up by the constant dangers and instabilities that exist within the physical realm.

Look again at the medicine wheel and focus your attention on the fact that the line of constant change representing the physical realm intersects the line of unbending tradition (constant stability) which represents the spiritual realm. Notice that this intersection occurs directly in the center of the medicine wheel which is the symbolic home of our Creator.

This is one of the most powerful symbolic teachings of the medicine wheel. It is telling us that our Creator is in control of all that happens in the constantly changing physical world as well as the constant stability within the spiritual realm. It also shows us that the closer we are to our Creator the more the physical and spiritual realms come together in our lives. What a fantastic truth!

The medicine wheel tells us that as long as our focus is on our Creator and the constant stability found within the spiritual realm, the constant changes that continually occur within the physical realm cannot harm us.

So it's a good idea to regularly reread the story of the Three Little Pigs and the story of the wise man and foolish man in the Bible (Luke 6:47-49 and Matthew 7:34-27). Those two stories will remind us that our stability in life is found by drawing close to our Creator and living according to the spiritual realm's Universal Laws Of Right Living. Our Creator embedded those unchanging laws within our conscience when he sent our spirits here to take on a physical body so that we could effectively function within the constantly changing physical world.

In the story of the Three Little Pigs, the house symbolizes our lives. The question is, *are we building our house out of straw, sticks or bricks?*

Community Corner

Angelitta and I hope all of you have a very joyful Thanks....Giving. Here's a novel idea—instead of seeing how much we can eat during the Thanksgiving holiday, why don't we see how much we can give to those who have far less than we do??? That would truly make it a joyful holiday!

If you have benefited from this newsletter please feel free to e-mail it on to others you think would benefit from it, or simply e-mail us their e-mail address and we will send it to them each month. On the other hand, if you do not wish to receive our monthly newsletter in the future, simply let us know and we will remove your name from our list of those to receive the newsletter. We would appreciate hearing from you concerning any comments, prayer requests or suggestions you may have regarding this newsletter, and we invite you to come and visit us sometime at Medicine Wheel Mesa—*Where Sacred Journeys Begin*. Our web site is www.medicinewheelmesas.com and our e-mail address is oldbearm@yahoo.com.