



## *A Personal Letter From Myron Old bear*

For a long time now I have felt I should send a personal letter to our friends acquainted with Medicine Wheel Mesa and share some thoughts with you that I feel don't belong in your newsletters.

I've been alive for more than 70 years, but I've only really lived for the last 26 of those years. I've traveled and worked in more than 25 countries around the world; however, I was 45 years old before I learned to love our Mother, The Earth. I spent 40 years of my life involved in “organized religion”, but its been only the last 20 years that I have been able to communicate directly with the Spiritual Realm.

What I'm trying to say is: *I wasted many years of my life focusing on me and what I could get out of life instead of focusing on what I can give back to your Creator's Sacred Family of Life.* So during what ever time I have left here in the physical realm, I want to live it as a “giver” instead of a “taker”.

For the past several years Angelitta and I have been “caretakers” of a piece of Mother Earth called, Medicine Wheel Mesa. This land has been set aside for the people. It is a very remote place on the high desert plateau of southwestern Colorado where people can come for rest, relaxation and spiritual renewal at no financial cost to them. This is one small way we can give back to our relatives within our Creator's Sacred Family.

Therefore, we extend a personal invitation to all who receive our newsletters to come to Medicine Wheel Mesa. We want you to consider this place your private, personal “hide-a-way”, your home away from home, a place you can come and stay free of charge and take advantage of this sacred land and its awesome desert beauty. This is your place to unwind and get recharged, a place where you can escape the increasing pressures you live in 24/7. This is where you can strengthen the connection with our Creator and rekindle that spiritual flame burning deep within you.

This is your personal invitation from Angelitta and me to come and experience Medicine Wheel Mesa, the place “Where Sacred Journeys Begin” as often as you like, and it costs you nothing while you are here.

I encourage you to check out the photo section on our web page at [www.medicinewheelmesas.com](http://www.medicinewheelmesas.com), even though those pictures fail to capture the powerful and uplifting “spiritual presence” that people feel all around them here on Medicine Wheel Mesa.

People from the four corners of this country, Canada, Central America, Europe and Southeast Asia have visited the mesa. People of every race and religious creed have walked this Sacred Land. Some were young and others were old. Some people come simply to rest and relax, while other come to enjoy the rigors of hiking and exploring the surrounding desert canyons and mesas. And many come to participate in the wide variety of spiritual ceremonies and activities including, Spirit Quests, Vision Quests, Purification Lodge ceremonies, learning to work within a medicine wheel, Learning how to travel to your Private World, Rites Of Passage ceremonies and many more.

We hope you come to visit your private desert get away at Medicine Wheel Mesa in the near future. We don't have phone service on the mesa. However, about twice a week we drive to a higher mesa where there is cell phone service and satellite web service, and we check our phone and email messages and respond to them at that time.

Please feel free to call us at (719) 650-3464 or email us at [oldbearm@gmail.com](mailto:oldbearm@gmail.com) and leave a message. We will respond to all requests within a few days.

Those serious about visiting Medicine Wheel Mesa will be given specific directions concerning how to get here. We hope to hear from you soon.

Myron Old Bear  
Medicine Wheel Mesa  
Bedrock, Colorado  
The Sacred Season Of New Beginnings,  
2010